

MYTHS ABOUT AUTISM

Let's debunk common myths about autism:

- Autism is caused by vaccines.
- Autism can be cured.
- Autism is solely a childhood condition; individuals grow out of it.
- Autistic individuals lack empathy.
- Autistic people cannot form meaningful relationships.
- Autism only affects boys.
- Autism is a mental illness.
- Autism is caused by bad parenting.
- Autism is a single, uniform condition.
- Autistic people are all introverted.
- Autism is a result of a gluten-free diet.
- Autistic individuals are not creative.
- Autism is a result of poor nutrition.
- Autistic people are all antisocial.
- Autism is a result of too much screen time.
- Autistic individuals cannot understand humor.
- Autistic people cannot feel or express love.
- Autism can be diagnosed solely based on appearance.

- Autistic individuals cannot live independently.
- Autism is a result of childhood trauma.
- Autistic people do not have feelings.
- Autism is contagious.
- Autistic individuals are violent or dangerous.
- Autism is a result of poor discipline.
- Autistic people lack imagination.
- Autism is a result of cold or distant parents.
- Autistic individuals cannot hold down jobs.
- Autistic people are always socially isolated.
- Autism is a modern phenomenon.
- Autistic individuals lack common sense.
- Autism can be caused by a mother's emotional state during pregnancy.
- Autistic people cannot make eye contact.
- Autism is a result of childhood trauma.
- Autistic individuals cannot feel happiness.
- Autism is the same as ADHD (Attention Deficit Hyperactivity Disorder).
- Autistic people are always obsessed with numbers.
- Autistic individuals do not experience stress.
- Autistic people lack self-awareness.
- Autistic individuals are all non-verbal.

- Autistic people are unable to learn.
- Autism can be cured by special diets.
- Autistic individuals are all obsessed with trains.
- Autistic people cannot feel love.
- Autistic individuals lack self-control.
- Autistic people cannot maintain friendships.
- Autism is caused by parenting mistakes.
- Autistic people cannot feel empathy.
- Autistic individuals cannot communicate effectively.
- Autistic people cannot enjoy social activities.
- Autistic individuals cannot make friends.
- Autistic people cannot enjoy music.
- Autistic individuals cannot succeed academically.
- Autistic people cannot handle change.
- Autistic individuals do not have a sense of humor.
- Autism can be cured through pressure therapy.
- Autistic people cannot participate in sports.
- Autistic individuals cannot understand facial expressions.
- Autism is a result of poor gut health.

It's crucial to dispel these myths and promote accurate, respectful, and informed understanding of autism. Autistic individuals, like everyone else, have diverse experiences, abilities, and strengths.